



Day One: Monday, April 6th

8:30 to 9:30 am CST - [Amy Bayliss](#) speaks on: **Girlfriends: Thriving Past the Superficial**

If you've ever found yourself with more guy friends than girls; keeping girlfriends at a distance; or consistently hurt by women you have become close to then maybe you should tune in. Amy will tackle this subject head on; she's going straight to the heart.

You see Amy knows what is like to be betrayed by women you trust and she has struggled to maintain friendships with other women. After so many years of hurt she simply was no longer interested in having girlfriends. **God** had to intervene in her life and give her a new foundation from which friendships can be born.

With the principles Amy delivers, we will get to the root of your inability to connect with, trust, and have deep relationships with other women of faith. We will address the biblical way to overcome it and even thrive in your relationships with your girlfriends. You will also receive a compilation of ideas to help grow and celebrate your friendships!

9:30 to 10:00 am CST- **Free Time**

10:00 to 11:00 am CST - [Cindy Beall](#) speaks on: **Choosing To Forgive**

God commands us to forgive. But often, we don't "feel" like doing it. Join Cindy as she shares how she forgave her husband, Chris, for his infidelity many years ago and how she lives free from the prison that unforgiveness brings.

11:00 to 11:30 am CST - **Free Time**

11:30 to 12:30 pm CST - **Janice Croze** speaks on: **Calling on Christ in the Storms of Negative Self Talk**

If there is one thing on which I am an expert, it is enduring negative self talk. 'You are a terrible Christian... You shouldn't be teaching anyone... Those other women – now they have something to share. They are so much better than you are...'

I am an artist when it comes to paralyzing my spirit with cruel and cutting words. Within seconds, I can feel useless and alone, desperate for someone to put me back together again. Whether the negative words we hear day to day are our own, or are from other people in our lives, Janice will explore how we can bring our insecurities and false guilt to Christ to allow Him to heal us, while still working through the real truths the Holy Spirit may be speaking in our lives.

As a Christian, Janice believes the solution of replacing negative self talk with positive affirmations isn't quite enough. Instead of merely repeating "happy thoughts" when bombarded by negative self talk, how can we allow Christ to illuminate the areas of our lives that need attention, and perhaps correction, while ensuring that Satan and our negative self talk don't cut us off from the grace and forgiveness we have in Christ?

Join Janice as she looks to Christ for His wisdom and healing in the midst of the storms of negative self talk.

12:30 to 2:00 pm CST - **Free Time**

2:00 to 3:00 pm CST - [Marybeth Whalen](#) speaks on: **Inspired To Be Financially Free**

Our nation has been hit by a financial crisis like never before. This crisis is affecting many homes-- yours might be one of them. Join Marybeth as she shares how to get your finances in order while maintaining a team approach to money in your marriage. Part inspiration, part practical information, this talk is designed to leave you inspired that living financially free is possible, no matter what the latest news says!

Day Two: Tuesday, April 7th

8:30 to 9:30 am CST - [Shelly Ballestero](#) : Beauty and Balance-The Body-Mind-Spirit Approach

In today's beauty obsessed world, it is hard to find balance and beauty without becoming withdrawn, depressed or overwhelmed...

From juggling a career, mother hood, wife—ministries— not alone the negative images of media...you name it, how then do we focus in a Supermodel ADD world? If that is not enough— We still would like to look good, however the economy crisis does not support our beauty regimen, fitness needs, TIME and eating healthy. You will be able to achieve balance to the best of your ability with tools and insights from this session—

- * Detox your brain and body—a weekend retreat with yourself or a friend without the high cost of a spa.
- * Learn how to look and feel beautiful on a budget, with amazing tips, recipes from your own pantry and backyard!
- * Discover to find the time to exercise and eat healthy without breaking your bank account.

9:30 to 10:00 am CST- Free Time

10:00 to 11:00 am CST - [Natalie Witcher](#) : Living with Me

As followers of Christ, we women can struggle with identifying as His girl and identifying with the inside voice of failure, guilt, pride and the like. How do we live with ourselves and have the Spirit of Christ? Come listen as I let you in on some things God has to say about Living with Me.

11:00 to 11:30 am CST - Free Time

11:30 to 12:30 pm CST - [Darlene Schacht](#) : Living Well, Successfully

Being a former plus-sized woman who's managed to successfully take off the weight, and keep it off for over a decade, Darlene speaks to the heart of women who are hoping to slim down. She believes that we accomplish our goals by moving faith to the forefront which ultimately influences the choices we make for our bodies.

By feeding and nurturing our spirit and soul, we free our bodies from the captivity of sin, bringing glory to God and peace to our lives.

Her words empower women with one easy solution: In order to successfully make change and to recapture that which God intended for us, we need to tune into a new channel—and to begin to channel His strength.

12:30 to 2:00 pm CST - Free Time

2:00 to 3:00 pm CST - [Lisa McKay](#) : Bigger Than Your Biography: Allowing God to Establish Your Personal Ministry

Calling: It's a hot topic word that is both terrifying and electrifying. The measure of either often depends on the day and exactly what it is God is impressing on us to do!

What does God's Word say about the concept of call? To what lengths should we go to obtain the desires of our heart? How do we differentiate between godly pursuit and vain ambition? Join Lisa for a teaching based in Psalm 37:3-7 that will answer many questions you have as well as a few you don't.

Day Three - Wednesday, April 8

8:30 to 8:50 am CST - [Cazandra MacDonald](#): "Forty" and Qualified!

Do you think you are supposed to accomplish "certain things" by a "certain age"? Do you let yourself get stuck into thinking that age is the end all? God uses everyone regardless of their age. Your path in life may be changing and you may be fighting it, but come and hear how God used people throughout the Bible to do wonderful things at different stages in their lives.

9:00 to 9:20 am CST - [Cindy Haux](#) will be speaking on: From Hurt to Healing, How God can fix our broken lives.

She is going to be sharing a bit of her personal testimony along with giving you tools to help face your past and your pain and come out of the darkness and into the light where God wants to use you for His glory. If He can heal her and use her for His good, then He can use you! God has a plan for your life and he works everything for His good.

Romans 8:28 *"And we know that in all things God works for the good of those who love Him, who have been called according to His purpose."*

9:30 to 10:00 am CST- Free Time

10:00 to 11:00 am CST - [Leigh Gray](#) : He Supplies the Sunscreen

Through an in-depth look at Isaiah 58, Leigh shows us how the Lord Jesus can replenish our worn out state and bring renewal and hope to the most barren soul. We will discuss a sure way to bring life to your depressed situation and energy to your hopeless state. Revival is sure to occur!

11:00 to 11:30 am CST - Free Time

11:30 to 12:30 pm CST - [Lynn Donovan](#) : Front Row Seat

Have you every prayed over the yellow pages? In this session Lynn shares her real-life adventures of traveling with God through the tumultuous years of her early marriage to an unbeliever to the day she prayed over the yellow pages and God showed up. Whether you are married to a believer or unbeliever, be ready to see your uniquely yoked marriage with new eyes.

12:30 to 2:00 pm CST - Free Time

2:00 to 3:00 pm CST - [Melissa Michaels](#) & [Allison Worthington](#): Be Inspired By What GOD Can Do Through YOU

Three years ago, Melissa felt God's nudging to go on an adventure with Him. She was content in her life, but she felt God wanted her to step outside of her comfort zone and serve in new ways. But what ways? Melissa confided to her husband she felt she had no talent and couldn't imagine how God could use her beyond her own home.

After an entire year of praying and crying out to God for what He wanted her to do, God parted the clouds of confusion and opened her eyes to the first step He had in mind. But that little step was only the beginning of the adventure He would take her on in the months to come.

Be inspired by Melissa's personal story of taking God's hand and stepping out in faith on a daily basis. Find encouragement in how Melissa was inspired to *let go of her own dreams* and how God gave them right back to her in ways she never could have imagined.

Day Four: Thursday, April 9

8:30 to 9:30 am CST - [Allison Bottke](#) : Setting Boundaries With Adult Children

Allison Bottke will address an epidemic issue plaguing our society—the issue of painful relationships with adult children. Using the 6-Steps to SANITY as outlined in her book, *Setting Boundaries with Your Adult Children*, Allison will share concrete tools for parents and grandparents to find SANITY in challenging situations with adult children. With support groups currently being held around the country, the SANITY Support Group Network is an integral part of the Setting Boundaries outreach. Join Allison to discover how the 6-Steps to SANITY are bringing hope and healing to our nation. www.SettingBoundaries.com.

9:30 to 10:00 am CST- Free Time

10:00 to 11:00 am CST - [Lysa TerKeurst](#): What Happens When Women Say Yes To God

What if you could wake up every morning with a sense of anticipation? What if the everyday could transform into the extraordinary? Join Lysa as she shares how to experience God in unexpected ways, learn to discern His voice, and make your faith come alive. Her message has led thousands of women to:

- * Build personal, two-way conversations with God.
- * Develop a hunger for getting into God's word everyday and applying it's truths.
- * Enjoy blessing others by seeing inconveniences as opportunities.
- * Get involved in the unique adventure that God has created for you.

11:00 to 11:30 am CST - Free Time

11:30 to 12:30 pm CST - [Ginger Moore](#) : Waiting on God - Miserable or Miracle?

Who needs Soap Opera's when we've got the Old Testament?! Take a walk with Ginger in the book of Genesis as she shares biblical insights into the lives of Abraham & Sarah. If you are looking to understand the impact of obedience in your life, then this is the message for you.

12:30 to 2:00 pm CST - Free Time

2:00 to 3:00 pm CST - [Sheila Gregoire](#) : Honey, I Don't Have A Headache Tonight!

This message offers help for women who want to feel more in the mood. It's 10 at night. You want to start snoring. He wants to start snuggling. In fact, it seems he always wants that! And sometimes intimacy becomes a big stumbling block in our marriages. Learn why God made the sexes so different, and how we can turn our libidos up a notch—and take our marriages to new heights!

OFFICIAL SCHEDULE

CST	Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	EST
8:30 - 9:30	Amy Bayliss	Shelly Ballestero	Cazandra MacDonald / Cindy Haux	Allison Bottke	9:30 - 10:30
9:30 - 10:00	free time	free time	free time	free time	10:30 - 11:00
10:00 - 11:00	Cindy Beall	Natalie Witcher	Leigh Gray	Lysa TerKeurst	11:00 - 12:00
11:00 - 11:30	free time	free time	free time	free time	12:00 - 12:30
11:30 - 12:30	Janice Croze	Darlene Schacht	Lynn Donovan	Ginger Moore	12:30 - 1:30
12:30 - 2:00	free time	free time	free time	free time	1:30 - 3:00
2:00 - 3:00	Marybeth Whalen	Lisa Mckay	Melissa Michaels & Alli Worthington	Sheila Gregoire	3:00 - 4:00